2026 IFBB SEMI PRO PRESIDENT SANTONJA AFRICAN CUP

14 November 2026

IFBB SEMIPRO BODYBUILDING AND FITNESS SINCE 1946

OFFICIAL CONTEST RESULTS

MEN'S PHYSIQUE MASTERS

N°	COMPETITOR NAME	COUNTRY	PLACE
100	RINALDO MAZZONCINI	SOUTH AFRICA	1

CLASSIC PHYSIQUE 1 LINEUP

N°	COMPETITOR NAME	COUNTRY	PLACE
101	NWABISILE JEZILE	SOUTH AFRICA	1
103	JUAN MATTHEE	SOUTH AFRICA	2
102	CHAD ROUX-NEL	SOUTH AFRICA	3

CLASSIC BODYBUILDING MASTERS

N°	COMPETITOR NAME	COUNTRY	PLACE
103	JUAN MATTHEE	SOUTH AFRICA	1
104	BENJAMIN LLOYD	SOUTH AFRICA	2
105	WADE JOHN	SOUTH AFRICA	3

LADIES BIKINI 35 TO 39 YRS

N°	COMPETITOR NAME	COUNTRY	PLACE
106	TAMRYN BISHOP	SOUTH AFRICA	1

LADIES BIKINI OVER 40YRS

N°	COMPETITOR NAME	COUNTRY	PLACE
107	MELISSA CONNOLLY	SOUTH AFRICA	1
108	TARYN YOUNG	SOUTH AFRICA	2

LADIES BIKINI MASTERS OVERALL

N°	COMPETITOR NAME	COUNTRY	PLACE
107	MELISSA CONNOLLY	SOUTH AFRICA	1

MEN'S MUSCULAR PHYSIQUE U178CM

N°	COMPETITOR NAME	COUNTRY	PLACE
120	AMADA ELIAS JOAO	MOZAMBIQUE	1
109	KIRAN RADASH SINGH	SOUTH AFRICA	2

LADIES WELLNESS 035YRS

N°	COMPETITOR NAME	COUNTRY	PLACE
121	TAYLA SMIT	SOUTH AFRICA	1

LADIES WELLNESS 040YRS

N°	COMPETITOR NAME	COUNTRY	PLACE
123	JENNY VAN NIEKERK	SOUTH AFRICA	1
122	ELIZEA VAN RENSBURG	SOUTH AFRICA	2

LADIES WELLNESS OVERALLS

N°	COMPETITOR NAME	COUNTRY	PLACE
121	TAYLA SMIT	SOUTH AFRICA	1

LADIES PHYSIQUE

N°	COMPETITOR NAME	COUNTRY	PLACE
126	BEAULAH PALHA	SOUTH AFRICA	1
125	JOANNE STEENKAMP	SOUTH AFRICA	2
124	EMILY KATE SLABBER	SOUTH AFRICA	3
127	MARIANN ROSTASI	SOUTH AFRICA	4

SNR BODYBUILDING U70KG

N°	COMPETITOR NAME	COUNTRY	PLACE
129	VUYO VANDA	SOUTH AFRICA	1
130	MONDISA MLONGENI	SOUTH AFRICA	2
128	STEFAN BURCZAK	SOUTH AFRICA	3

SNR BODYBUILDING U80KG

N°	COMPETITOR NAME	COUNTRY	PLACE
144	MUSA MALAGENI	SOUTH AFRICA	1
101	NWABISILE JEZILE	SOUTH AFRICA	2
132	WISEMAN SHABALALA	SOUTH AFRICA	3
131	RAJIV NARANDAS	SOUTH AFRICA	4

SNR BODYBUILDING U90KG

N°	COMPETITOR NAME	COUNTRY	PLACE
137	ARMANDO MANHIQUE	MOZAMBIQUE	1
138	RICHARD LUMMIS	SOUTH AFRICA	2
134	MICHAEL HORNE	SOUTH AFRICA	3
133	JOHAN VENTER	SOUTH AFRICA	4
136	NHLAKANIPHO BHENGU	SOUTH AFRICA	5
139	OLIVIO LANGA	MOZAMBIQUE	6

SNR BODYBUILDING O90KG

N°	COMPETITOR NAME	COUNTRY	PLACE
140	BRENDON FOURIE	SOUTH AFRICA	1
142	SINETHEMBA NGWALENI	SOUTH AFRICA	2
110	NKANYISO CHONCO	SOUTH AFRICA	3

BODYBUILDING MASTERS 040YRS

N°	COMPETITOR NAME	COUNTRY	PLACE
131	RAJIV NARANDAS	SOUTH AFRICA	1
143	BENJAMIN LLOYD	SOUTH AFRICA	2

BODYBUILDING OVERALL

N°	COMPETITOR NAME	COUNTRY	PLACE
144	MUSA MALAGENI	SOUTH AFRICA	1
129	VUYO VANDA	SOUTH AFRICA	2