International Fitness and Bodybuilding Federation

2026 IFBB Mr Universe Lebanon

November 6-8, 2026, Beirut, Lebanon

OFFICIAL CONTEST RESULTS

Men's Physique up to 170 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	14	Sajjad Mohammed Hasan	Iraq	2001	/169	15	6			6
2	18	Maid Berro	Lebanon	2000	/167	9	6			6
3	5	Ammar Mohamed Sheekhoo	Iraq	1984	/162	7	10			10
4	13	Jaafar Mickael	Syria	1995	/166	19	13			13
5	3	Romeo Harfoush	Lebanon	2001	/166	20	14			14
6	7	Wael Sumakyeh	Syria		/170	9	14			14
7	6	Hassan Hareb	Lebanon		/163	21				
8	2	Cahrbel Hamewi	Lebanon	2001	/169	26				
9	9	Ali Mahmoud	Lebanon	2003	/169	28				
10	11	Moein Hammad	Lebanon	1993	/167	28				
11	16	Mohamad Abou Arsheid	Syria	2001	/170	29				
12	12	Mohamad Ali Ghizawi	Lebanon	1995	/169	30				
13	17	John Chibani	Lebanon	1991	/159.5	32				
14	15	Daniel Othman	Lebanon	2000	/169	41				
	1	Abed Alfa	Lebanon	1997	/164					
	4	Fawaz Lalo	Syria	1990	/166					
	10	Mahdi Hassaw Sami	Iraq	1997	/166					
	19	Osama Masry	Syria	2001	/165.5					
	20	Hussein Balhas	Lebanon	1989	/169					
DNC	8	Mohammad Mansour	Lebanon	1997	/170					

Σ=20

Men's Physique up to 173 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	28	Ali Naser Aldine	Lebanon	1993	/172	5	6			6
2	26	Mohammad Diab	Lebanon	2003	/173	8	6			6
3	27	Mohammed Mahdi Azeez	Iraq	1998	/172	5	7			7
4	24	Rami Rikab	Lebanon	2002	/171	13	11			11
5	25	Alaa Dine Abbas	Lebanon	2000	/171	13	14			14
6	22	Hussein Al Hayj Ahmad	Lebanon	1990	/171	20	17			17
7	23	Omer Moaid Abdulmohsen	Iraq	1999	/173	22				
8	21	Zoalfkar Salama	Syria	2000	/173	22				

Σ=8

Men's Physique up to 176 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	30	Ahmed Ibrahim Ibrahim	Egypt	2002	/174	3	4			4
2	35	Ali Assi Rifaat	Iraq	1997	/176	12	6			6
3	31	Majed Youssef	Syria	2002	/175	7	9			9
4	32	Joe Daoud	Lebanon	1996	/174	8	12			12
5	34	Amer Saed	Lebanon	1992	/175	16	14			14
6	37	Niyazi Shamsulddin Hasan	Iraq	1999	/174	17	16			16
7	36	Mohammad Khozai	Lebanon	1993	/175	23				
8	33	Jalal Mghames	Lebanon	1991	/176	23				
9	29	Jehya Ezzaldine	Lebanon	2001	/175	26				

Σ=9

Men's Physique up to 179 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	43	Ali Ageel Ali	Iraq	1998	/178.5	4				4
2	41	Alhasan Nizar Ali	Syria	2004	/178	5				5
3	39	Mohammad Kassem	Lebanon	2000	/178	9				9
4	38	Baraa Abo Raea	Syria	2005	/178	13				13
5	40	Chadi El Otari	Lebanon	1992	/179	15				15
6	42	Toreh Alkhatib	Lebanon	1999	/177	16				16

Σ=6

Men's Physique up to 182 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	44	Bilal Sadek	Lebanon	1996	/180	4				4
2	49	Ali Mohammad Al Afaghani	Syria	1999	/180.5	5				5
3	48	Husam Abdel Rahman Gharaibeh	IFBB Flaq	1996	/181	8				8
4	46	Mohammad Nashouki	Lebanon	1995	/181	11				11
5	45	Abdallah Alkhalileh	IFBB Flaq	1996	/182	15				15
6	47	Kassem Nassrallah	Lebanon	1998	/180	18				18
DNC	50	Osman Zafer Kazem Badran	Palestine	2005	/180					

Σ=7

Men's Physique over 182 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	53	Hasan Ali Jaddoa	Iraq	2001	/189	6	4			4
2	57	Haidra Hammoud	Syria	2001	/188	12	11			11
3	55	Vasil Filipov	Greece	1982	/194	12	11			11
4	59	Ali Habeeb Rashid	Iraq	1995	/200	10	11			11
5	51	Mohamd Jawish	Syria	2007	/187	11	12			12
6	52	Romi Fakih	Lebanon	1986	/186	15	15			15
7	56	Ali Shehab	Lebanon	1997	/186	19				
8	58	Khador Kensan	Lebanon	1991	/191	24				
9	60	Hassan Hallal	Lebanon	1993	/183	28				
10	54	Malek Abou Chullieh	Lebanon	1999	/188	29				

Σ=10

Men's Physique OVERALL

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	43	Ali Ageel Ali	Iraq	1998	/178.5	6				6
2	28	Ali Naser Aldine	Lebanon	1993	/172	8				8
3	44	Bilal Sadek	Lebanon	1996	/180	8				8
4	30	Ahmed Ibrahim Ibrahim	Egypt	2002	/174	9				9
5	14	Sajjad Mohammed Hasan	Iraq	2001	/169	12				12
6	53	Hasan Ali Jaddoa	Iraq	2001	/189	18				18

Σ=6

Sub Junior Men's Physique 15-17 yrs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	61	Eddy Sleiman	Lebanon	2010	/169	3				3

Σ=1

Sub Junior Men's Physique 18-20 yrs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	70	Ali ibrahim Mohamad Abdel Rahman	Lebanon	2007	/	3	3			3
2	62	Abbas Rmaity	Lebanon	2007	/186	7	7			7
3	65	Ali Akbar Issa	Lebanon	2006	/170	9	10			10
4	63	Mohammad Al Mohammad	Lebanon	2006	/180	10	12			12
5	71	Ibrahim Ezzeddine	Lebanon	2007	/173	18	13			13
6	66	Elie Saliba	Lebanon	2006	/181	19	18			18
7	67	Mohamad Al Nachar	Kuwait	2008	/159	20				
8	64	Yousef Ahmad Alnaimat	IFBB Flaq	2007	/176	25				
9	68	Yousef Al Nachar	Kuwait	2007	/161	26				
10	69	Ahmad Syad	Syria	2008	/186	30				

Σ=10

Junior Men's Physique 21-23 yrs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	72	Alhasan Nizar Ali	Syria	2004	/178	3	3			3
2	74	Mohammad Kayouf	Lebanon	2005	/177.5	7	7			7
3	77	Baraa Abo Raea	Syria	2005	/178	8	8			8
4	76	Christian Nohra	Lebanon	2005	/177	11	12			12
5	79	Osman Zafer Kazem Badran	Palestine	2005	/180	15	16			16
6	75	Andrew Hayek	Lebanon	2005	/168	19	17			17
7	73	Charbel Al Agha	Lebanon	2004	/180	21				
8	78	Ahmad Alhalabi	Lebanon	2005	/176	22				

Σ=8

Master Men's Fit-Model

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	80	Ali Abou Zeid	Lebanon	1979	/176	3	3			6

Σ=1

Men's Fit-Model

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	82	Ali Assi Rifaat	Iraq	1997	/176	6	5			11
2	84	Haydar Ahmed Shukur	Iraq	1987	/174	7	5			12
3	81	Mahdi Hassaw Sami	Iraq	1997	/166	12	11			23
4	85	Hussein Balhas	Lebanon	1989	/169	15	10			25
DQ*	83	Mohammad Al Mohammad	Lebanon	2006	/180					

Σ=5

Women's Bikini Open

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	86	Szabina Krupa-Toth	Hungary	1997	/	3				3

Σ=1

Junior Women's Bikini 15-23 yrs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	87	Chloe Jamaa	Lebanon	2006	54/159	3				3

Σ=1

Men's Classic Bodybuilding up to 175 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	119	Ziad Altsheh	Syria	2000	76.6/173	4				4
2	118	Mahammad Fawzi	Lebanon	1995	76.5/173	5				5
3	123	Johnny Astour	Lebanon	1999	72/170	10				10
4	121	Wael Jaafar	Lebanon	1980	73/171	14				14
5	122	Saif Kareem Hussein	Iraq	1988	70/170	15				15
6	120	Hassan Hallal	Lebanon	1991	72.5/171	17				17
7	117	Anthony Rohana	Lebanon	1999	66/166.5	19				19

Σ=7

Men's Classic Bodybuilding up to 177 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	135	Mohamad Al-Refai	Syria	1984	82/176	3				3
2	136	Abdelrahman Noeman	Lebanon	1998	83/177	8				8
3	132	Ahmed Mohammed Amer	Iraq	2007	81.5/176	9				9
4	131	Mohsin Abdulhussein Zwayyer	Iraq	1993	83/176.5	13				13
5	124	Karim Arabi	Lebanon	2001	81/176	13				13
6	125	Ali Tartousi	Lebanon	2001	76.7/177	18				18
7	127	Zakarya Mijad	Iraq	1999	84/177	19				19

Σ=7

Men's Classic Bodybuilding up to 180 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	133	Ali Abdulwahid Najm	Iraq	1998	87/180	4				4
2	128	Ahmad Sharida	Palestine	1999	83.8/179	5				5
3	129	Mohammed Qasim Abdul	Iraq	2001	84/178.5	10				10
4	126	Mohammad Alkatrib	Syria	1994	83/179	13				13
5	134	Ali Mohsen Ahmed	Iraq	1994	86/179	13				13
6	130	Anas Hamoch	Syria	1995	82.3/180	16				16

Σ=6

Men's Classic Bodybuilding over 180 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	138	Shadi Shajaa	Syria	1997	90.5/183	3				3
2	137	Omar Abokalam	Syria	2004	94/191	6				6
3	139	Ceasar El Ahmadieh	Lebanon	1998	87.5/181	9				9

Σ=3

Men's Classic Bodybuilding OVERALL

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	133	Ali Abdulwahid Najm	Iraq	1998	87/180	3				3
2	119	Ziad Altsheh	Syria	2000	76.6/173	8				8
3	138	Shadi Shajaa	Syria	1997	90.5/183	8				8
4	135	Mohamad Al-Refai	Syria	1984	82/176	10				10

Σ=4

Junior Men's Classic Bodybuilding 15-20 yrs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	140	Mohammad Krinbi	Lebanon	2007	81/178.5	3				3
2	141	Mohammad Radwan Alshami	Syria	2006	83.2/180	6				6

Σ=2

Junior Men's Classic Bodybuilding 21-23 yrs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	142	Amr Al Barazi	Syria	2004	80/177	3				3
2	143	Omar Abokalam	Syria	2004	94/191	6				6

Σ=2

Junior Men's Classic Physique 15-20 yrs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	146	Ahmed Mohammed Amer	Iraq	2007	81.5/176	3				3
2	147	Ali Ibrahim	Syria	2008	86/180	6				6
3	149	Hassan Atwi	Lebanon	2006	70.8/173	10				10
4	144	Charbel Karam	Lebanon	2007	76.5/179	11				11
5	145	Omar Abed Khalek	Lebanon	2008	68.6/171.5	13				13
6	150	Tony Yazbeck	Lebanon	2009	60/163	17				17
7	148	Jihad Sawaya	Lebanon	2006	77.2/174	21				21

Σ=7

Junior Men's Classic Physique 21-23 yrs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	282	Leonardo Alfata	Lebanon	2004	74.2/172	3				3
2	284	Rabih Bekari	Lebanon	2003	87.4/181.5	6				6
3	281	Daniel Kobrosli	Lebanon	2004	70/171	9				9
4	283	Jaafar Jaafar	Lebanon	2004	63.3/171	12				12

Σ=4

Junior Men's Bodybuilding 15-20 yrs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	154	Tawad Wehbe	Lebanon	2007	75/	4				4
2	152	Ahmed Mohammed Amer	Iraq	2007	81.5/176	6				6
3	153	Ali Ismail	Syria	2006	76.8/	8				8
4	155	Ali Ibrahim	Syria	2008	86/180	12				12
5	156	Mohammad Radwan Alshami	Syria	2006	83.2/180	16				16
6	157	Charbel Karam	Lebanon	2007	76.5/179	17				17

Σ=6

Junior Men's Bodybuilding 21-23 yrs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	162	Michael Jalloul	Lebanon	2004	91/182	4				4
2	160	Abdulameer Mohanad Faeq	Iraq	2005	78/169	5				5
3	161	Amr Al Barazi	Syria	2004	80/177	9				9
4	163	Daniel Kobrosli	Lebanon	2004	70/171	13				13
5	159	Weam Ezzaldine Saed	Lebanon	2005	70.5/	14				14
6	158	Ibrahim Al Shouha	Lebanon	2003	67/	18				18

Σ=6