

2026 IFBB SEMI PRO WORLD RANKING

MAIN INFORMATION



POINTS AWARDED IN THE IFBB SEMI PRO WORLD RANKING EVENTS

LEVEL 1*

First Place	3 Points
Second Place	2 Points
Third Place	1 Point

LEVEL 2**

First Place	7 Points
Second Place	5 Points
Third Place	4 Points
Fourth Place	3 Points
Fifth Place	2 Points

LEVEL 3***

First Place	9 Points
Second Place	8 Points
Third Place	7 Points
Fourth Place	5 Points
Fifth Place	4 Points
Sixth Place	3 Points

LEVEL 4****

First Place	14 Points
Second Place	12 Points
Third Place	9 Points
Fourth Place	8 Points
Fifth Place	7 Points
Sixth Place	6 Points
Seventh Place	5 Points
Eighth Place	4 Points
Ninth Place	3 Points
Tenth Place	2 Points

* IFBB SEMI PRO LEVEL 1: Exceptional promotional events, other than those included in Level 2 and 3 approved by the IFBB SEMI PRO and published in the Inspection Report and/or Main Information.

** IFBB SEMI PRO LEVEL 2: Applicable to: Semi Pro Diamond Cup & Semi pro Grand Prix.

*** IFBB SEMI PRO LEVEL 3: Applicable to: Semi pro Mr. Universe, Semi Pro World Cup, Semi Pro Ms. & Mr. World.

**** IFBB SEMI PRO LEVEL 4: Applicable to TOP 15th Global- with 3 points for the Overall winner.

2 extra points bonus for the overall category winners: Applicable to: Semi Pro Mr. Universe, Semi Pro World Cup & Semi Pro Ms. & Mr. World.

1 extra point bonus for the overall category winners: Applicable to: all other competitions included in the Ranking.

IFBB SEMI PRO DIVISIONS INCLUDED IN THE WORLD RANKING

- Men's Classic Bodybuilding (Juniors + Seniors + Masters)
- Men's Classic Physique (Juniors + Masters)
- Men's Bodybuilding (Juniors + Masters)
- Men's Physique (Juniors + Seniors + Masters)
- Women's Bikini (Juniors + Seniors + Masters)
- Women's Wellness (Juniors + Seniors + Masters)
- Women's Bodyfitness (Juniors + Seniors + Masters)
- Women's Physique (Seniors + Masters)
- Women's Fit-Model (Juniors + Seniors + Masters)

Note: Ranking includes competitions taking place from January 01st up to December 31st of a given year.

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TIE-BREAKING CRITERIA

Criteria for tie-breaking and order in which they apply, for athletes with the same scores:

1. The athlete with the best position at the World Cup will prevail.
2. If the tie persists, a competitor with higher total number of participants in his/her class at the World Cup will prevail.
3. If the tie persists, the athlete with the better place at any of the Mr. Universe competition.
4. If the tie persists, a competitor with higher total number of participants in his/her class at the Mr. Universe will prevail.
5. If the tie persists, the athlete with the better place at any if the Mr. & Ms. World competition.
6. If the tie persists, the athlete who has achieved the better position, in any other event, with the largest number of participants in his/her category, will prevail.

REMOVAL FROM THE RANKING

- Competitors who participated in the event non-approved by the IFBB PRO.

The 2026 edition of the Ranking Rules enter into force on January 01st, 2026

PRIZE MONEY AWARDS & GENERAL RULES

LEVEL 1: USD \$15,000

WOMEN'S BIKINI

6000 \$	1 st place
4000 \$	2 nd place
2000 \$	3 rd place
1000 \$	4 th place
1000 \$	5 th place
1000 \$	6 th place

MEN'S PHYSIQUE

6000 \$	1 st place
4000 \$	2 nd place
2000 \$	3 rd place
1000 \$	4 th place
1000 \$	5 th place
1000 \$	6 th place

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LEVEL 2: USD \$10,100

MEN'S CLASSIC BODYBUILDING

4500 \$	1 st place
2500 \$	2 nd place
1000 \$	3 rd place
700 \$	4 th place
700 \$	5 th place

WOMEN'S BODYFITNESS

4500 \$	1 st place
2500 \$	2 nd place
1000 \$	3 rd place
700 \$	4 th place
700 \$	5 th place
700 \$	6 th place

WOMEN'S WELLNESS

4500 \$	1 st place
2500 \$	2 nd place
1000 \$	3 rd place
700 \$	4 th place
700 \$	5 th place
700 \$	6 th place

LEVEL 3: USD \$5,200

WOMEN'S PHYSIQUE

2000 \$	1 st place
1200 \$	2 nd place
800 \$	3 rd place
400 \$	4 th place
400 \$	5 th place
400 \$	6 th place

WOMEN'S FIT MODEL

2000 \$	1 st place
1200 \$	2 nd place
800 \$	3 rd place
400 \$	4 th place
400 \$	5 th place
400 \$	6 th place

Ranking for Masters and Juniors - no prize money offered

Ranking for National Teams - no prize money offered

Ranking for Fitness challenge Silver level - no prize money offered

Please be aware that prize money will be paid out in July of the following year