



ROGER BOYCE BARBADOS®

SEMI PRO

2026



MAY 16, 2026





LOCATION

Barbados is the eastern-most Caribbean island. It is located at 13.1N, 59.4W. The island, which is less than one million years old, was created by the collision of the Atlantic crustal and Caribbean plates, along with a volcanic eruption. Later coral formed, accumulating to approximately 300 feet. It is geologically unique, being actually two land masses that merged together over the years.

The Barbados Saga Begins - An Island Stands alone .

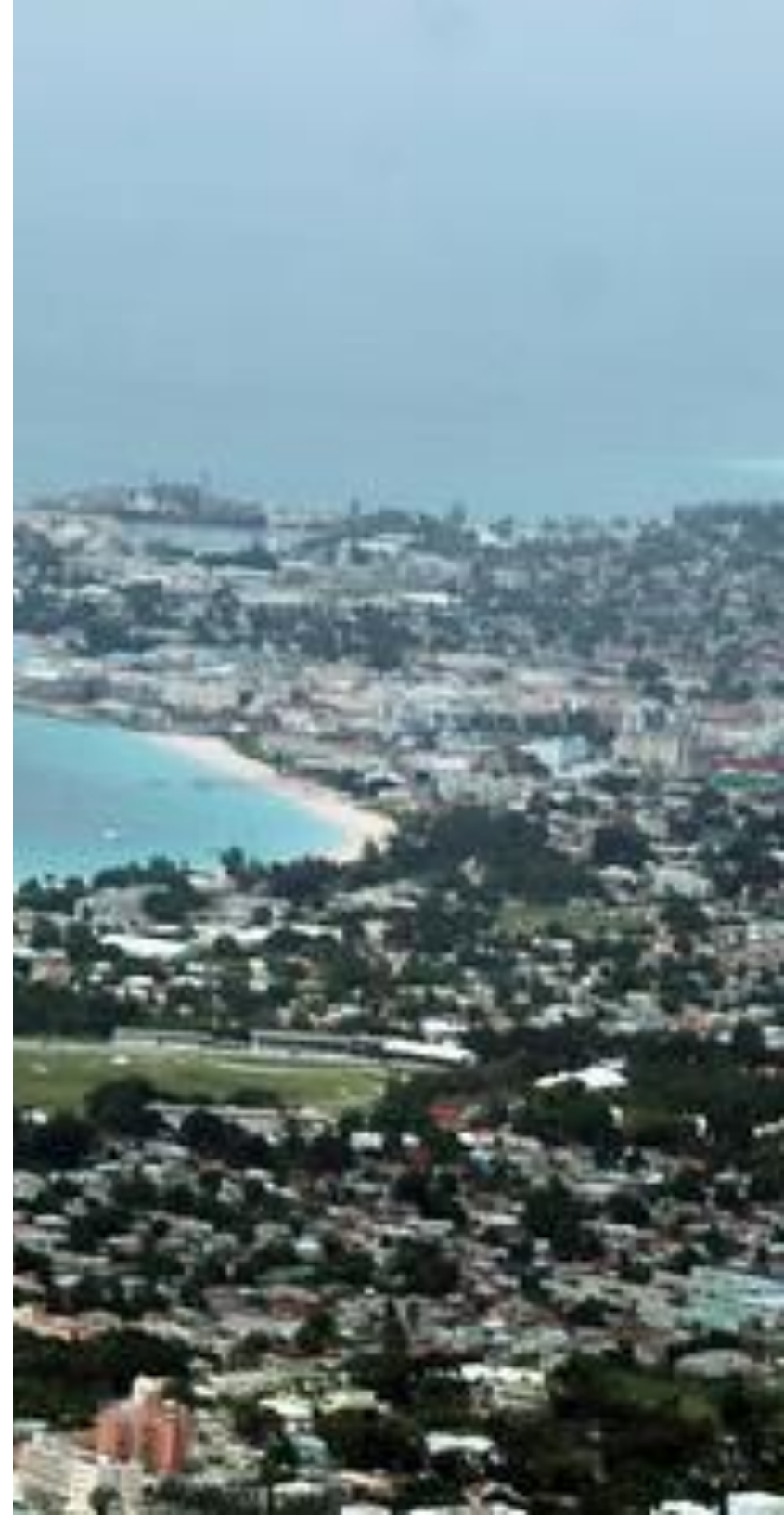
VISA REQUIREMENTS

For those countries requiring a Barbados entry visa, it is the responsibility of each Promoter to make application. This is not the responsibility of the organizing committee in Barbados. Applications to receive a visa should be done well in advance of arrival as the processing of requests may take several weeks.

DO NOT WAIT UNTIL THE LAST MINUTE

For information:

<https://www.foreign.gov.bb/visa-information//>

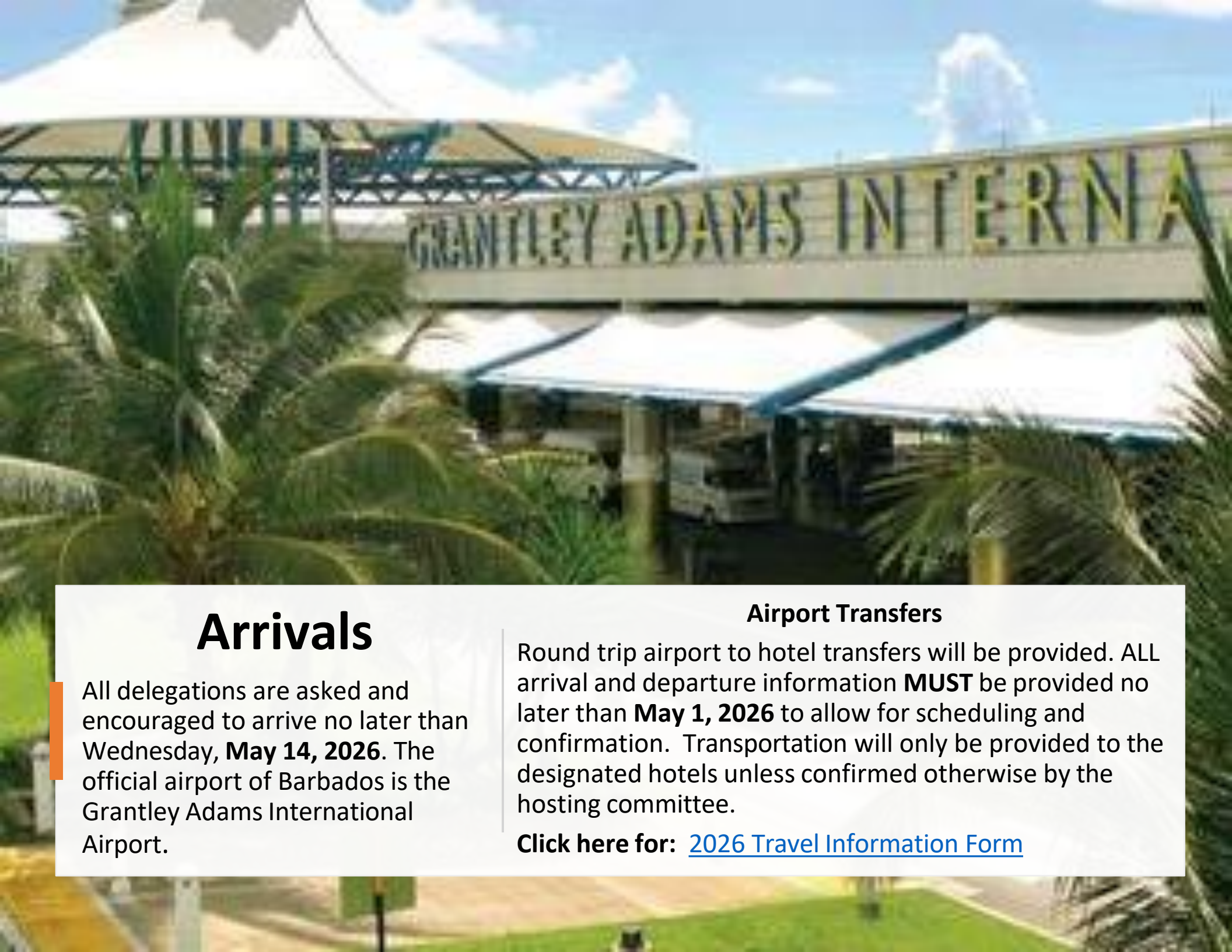




VISA INFORMATION

An Official Letter of Invitation will be made available if required. An athlete or promoter, who request and receive an invitation from the IFBB PRO Head Office or the Organizing Committee of an IFBB PRO sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

The athlete is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.



Arrivals

All delegations are asked and encouraged to arrive no later than Wednesday, **May 14, 2026**. The official airport of Barbados is the Grantley Adams International Airport.

Airport Transfers

Round trip airport to hotel transfers will be provided. ALL arrival and departure information **MUST** be provided no later than **May 1, 2026** to allow for scheduling and confirmation. Transportation will only be provided to the designated hotels unless confirmed otherwise by the hosting committee.

Click here for: [2026 Travel Information Form](#)



ONLINE IMMIGRATION AND CUSTOMS FORM

- All travellers are required to complete the online Immigration and Customs Form, which becomes available 72 hours prior to arrival in Barbados.
- The form may be filled out at your convenience. Once submitted, be sure to save the receipt to your mobile device or print a copy, as it must be presented to Immigration and Customs upon entry.

<https://www.travelform.gov.bb/en>



ACCOMMODATIONS & EXPENSES

Each athlete is responsible for all expenses related to meals, accommodations, meals, non-event transportation and any other expenses throughout the duration of their stay.

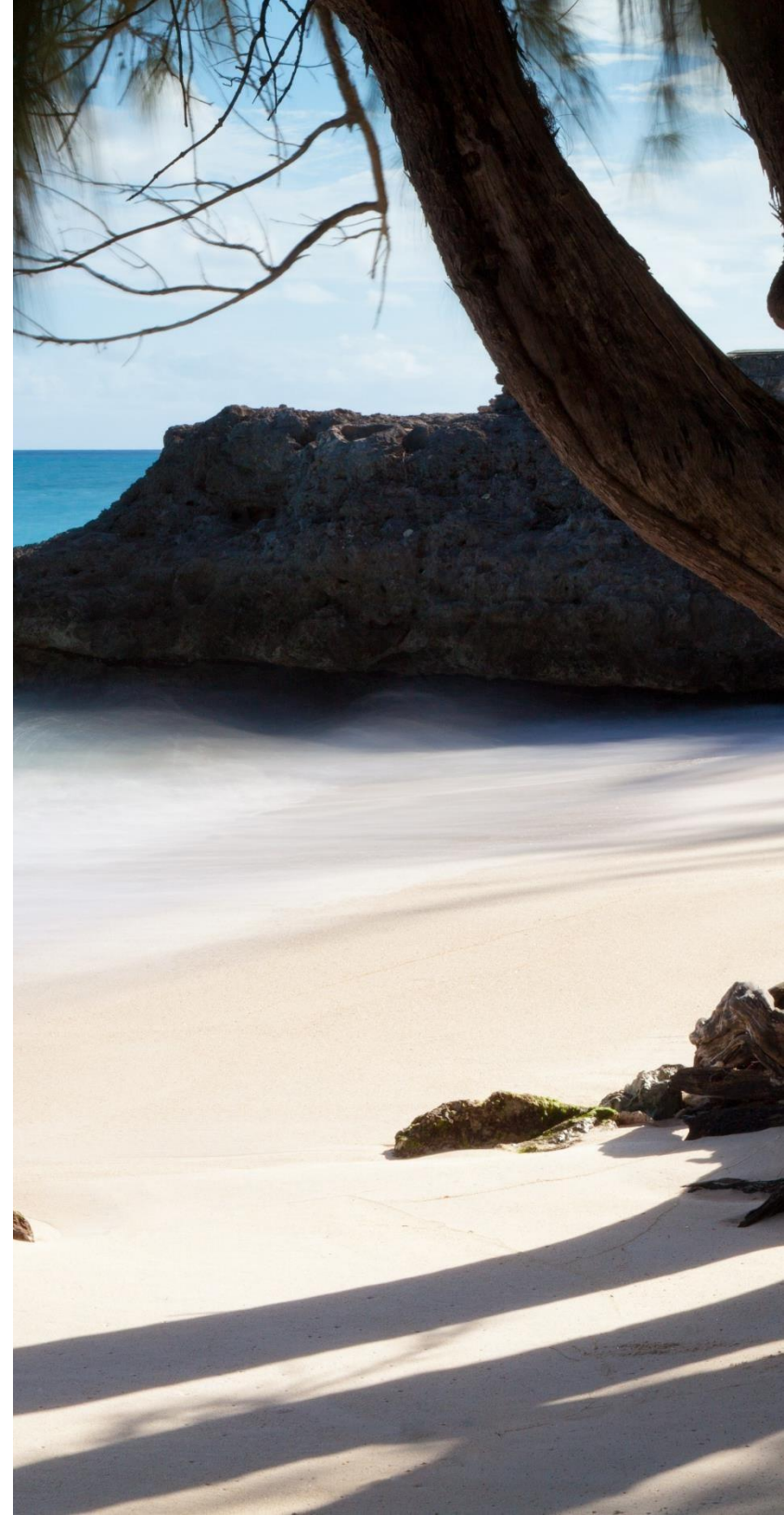
RESERVATIONS

Each athlete is responsible for making their reservations directly with the hotel of their choice as listed below. All of the designated hotels are located in the same geographical area in Barbados.

Transportation will be available at scheduled times from these hotels to the event venues.

ACCOMMODATIONS

- [Blue Horizon Hotel](#)
- [Blue Orchid Beach Hotel](#)
- [Coral Mist Beach Hotel](#)
- [Courtyard By Marriott](#)
- [Divi Southwinds Beach Resort](#)
- [Dover Beach Hotel](#)
- [Radisson Aquatica Resort Barbados](#)
- [Time out Hotel](#)
- [Worthing Court](#)





Venue

Garfield Sobers Sports Complex
Willey
St. Michael

[Garfield Sobers Sports Complex](#)

PARTICIPATION

The contest is open to all IFBB Semi Pro athletes. Participation is unlimited.

All competing athletes must be included in the Final Entry Form, which must be sent by the promoter, listing each athlete's name and category.





Athlete Registration

Registration and weigh-in is scheduled for Friday May 15, 2026, from 9:00 am – 12:00 pm at the Garfield Sobers Sport Complex.

All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire must be in accordance with the IFBB Semi Pro rules.

All competing athletes must present their Passports and IFBB Semi Pro International Cards upon Registration. This IFBB Semi Pro card is mandatory for all athletes. The fee for purchase or renewal of the IFBB Semi Pro International Card is \$50 US

The registration fee per athlete is US \$125 to be paid **in cash** upon registration. If an athlete wants to participate in any additional category (crossover) for which he / she is eligible, the registration fee is an additional US \$50 per each of the additional categories.

Posing Music

- All music must be presented on a USB stick. The USB must have only the music to be used for posing. USB flash drives containing more than one song will not be accepted. It is recommended that each athlete present 2 USB memories in case of any technical problem
- For easy identification, each athlete must place his / her name and country name on the USB stick
- Competitors participating in two classes must bring two USB Drives separately or one for each class if they contain different music
- Athletes must pick up all music from the music station at the conclusion of the event or athlete's category. The Organizing Committee will not be responsible for any music that is not collected.
- The use of profane, vulgar and offensive language is strictly prohibited in the posing music.



Awards

- Top six athletes in each category will be awarded with a Certificate of Excellence and medal.
- Overall winner will have a trophy and are eligible to qualify and apply to receive IFBB Pro Card



Entry Forms



- **Final Entry form**

Final Entry Form of Participation must be submitted by April 25, 2026.

2026 Final Entry Form - Roger Boyce Barbados Semi Pro

This includes all arrival and departure information, names, divisions, bodyweight or height categories, and passport numbers of all participating athletes, names and passport numbers of the attendants, IFBB Semi Pro judges, test judges and any accompanying persons.

The accurate and timely presentation of this information is essential for the Organizing Committee to ensure adequate transportation for each teams.

CATEGORIES

Men's Bodybuilding:

- Up to & including 70 kg
- Up to & including 80 kg
- Up to & including 90 kg
- Over 90 kg

- **OVERALL**

Junior Men's Bodybuilding 15-23 yrs - **OPEN**

Masters Men's Bodybuilding >40 yrs - **OPEN**

Men's Classic Physique*:

- Up to & including 175 cm
- Over 175 cm

- **OVERALL**

Junior Men's Classic Physique 15-23 yrs* - **OPEN**

Masters Men's Classic Physique >40 yrs* - **OPEN**

Men's Classic Bodybuilding*:

- Up to & including 175 cm
- Over 175 cm

- **OVERALL**

Junior Men's Classic Bodybuilding 15-23 yrs* -

OPEN

Men's Physique:

- Up to & including 173 cm
- Up to & including 179 cm
- Over 179 cm

- **OVERALL**

Junior Men's Physique 15-23 yrs - **OPEN**

Masters Men's Physique >40 yrs - **OPEN**

Muscular Men's Physique - **OPEN**

Women's Wellness:

- Up to & including 163 cm
- Over 163 cm
- **OVERALL**

Junior Women's Wellness 15-23 yrs - OPEN

Master Women's Wellness >35 yrs - OPEN

Women's Bikini:

- Up to & including 164 cm
- Over 164 cm
- **OVERALL**

Junior Women's Bikini 15-23 yrs - OPEN

Masters Women's Bikini >35 yrs - OPEN

Women's Bodyfitness:

- Up to & including 163 cm
- Over 163 cm
- **OVERALL**

Master Women's Physique >35 yrs - OPEN

Women's Fit-Model - OPEN

Junior Women's Bodyfitness 15-23 yrs - OPEN

Master Women's Bodyfitness >35 yrs - OPEN

Women's Physique - OPEN

Men's Fitness – OPEN

NATIONAL CATEGORIES

Children Fitness Girls/Boys:

Up to & incl. 7 years

8-9 years old

10-11 years old

12-13 years old

14-15 years old

Youth bodybuilding

Youth men's physique

Youth women's physique

Youth bodyfitness

Awards

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Tanning

The IFBB PRO has banned all tans that can be wiped off. An official will check the tan of all athletes' backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

Green Cards

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the Judges Meeting as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: PRICE: 50\$ each.
(this will only be done during registration and only to accredited individuals with athlete wristband. *This way, the promoters will have control over who gains access, as green cards will not be available for direct purchase at the entrance of the venue.*





All Final Entry Forms should be sent no later than April 25, 2026 to:
IFBB PRO HEAD OFFICE: info@ifbbproofficial.com
ORGANISING COMMITTEE: Rogerboyceclassic@gmail.com

