

GOBIERNO DE LA
REPÚBLICA DOMINICANA

DEPORTES

IFBB SEMI PRO



14 IFBB
PRO CARDS



MR
UNIVERSE
REPÚBLICA DOMINICANA

2025

IFBB SEMI PRO MR UNIVERSE REPUBLICA DOMINICANA

IFBB Pro Qualifier

December 5-8, 2025

Gran Arena del Cibao

Santiago, República Dominicana



WELCOME:

IFBB PRO extend a warm welcome to all IFBB-SEMI PRO ATHLETES wishing to participate in the 2nd Mr. Universe 2025, to be held in Santiago de los Caballeros, Dominican Republic, from December 5th to 8th, 2025.

LOCATION:

The Dominican Republic occupies the eastern part of the island of Hispaniola, which it shares with Haiti, and is the second-largest country in the Caribbean in both size and population. With more than 10 million inhabitants, its history dates back to the discovery of the Americas in 1492, as it was home to the first European settlement in the New World. Its capital, Santo Domingo, features historic monuments recognized as UNESCO World Heritage Sites.

This event will take place in Santiago de los Caballeros, the second most important city in the country, known as "La Ciudad Corazón" (The Heart City). It is a major cultural, commercial, and sports hub in the Cibao region.

Santiago stands out for its warm and welcoming people, its authentic local cuisine, vibrant urban life, and landmarks such as the Monument to the Heroes of the Restoration, a symbol of national pride. It is an ideal city to host athletes and visitors from around the world.



The city has an extensive road network that connects it with the rest of the country, including the Duarte Highway, the main route linking Santiago to Santo Domingo. In addition, its Cibao International Airport (STI) is one of the busiest in the Dominican Republic, offering direct flights from the United States, Central America, and the Caribbean.



VENUE:

The Gran Arena del Cibao is located between Imbert Avenue and J. Armando Bermúdez Avenue in Santiago de los Caballeros, Dominican Republic. It is the region's main multipurpose venue, hosting both sporting events and artistic performances.



RECOMMENDED AIRPORT:

- Santiago: Cibao International Airport (STI)
- Puerto Plata: Gregorio Luperón International Airport (POP)
- Santo Domingo: Las Americas International Airport (SDQ)

RECOMMENDED HOTEL

Hodelpa Gran Almirante Hotel
& Casino Santiago, Hotel

Avenida Estrella Sadhalá, Santiago.
For reservations: 809-583-6666
reshga@hodelpa.com
reservation@hodelpa.com

Hodelpa Centro Plaza Hotel

C/Mella No. 54 Esq. Del Sol Apdo. 459.
Santiago
For reservations: 809-583-6666
reservascplaza@hodelpa.com

TRANSPORTATION:

UBER is available in the Dominican Republic. There are also many taxi companies operating 24 hours a day. At the airport, you can access the "SICALA" taxi service.

IMPORTANT ARRIVAL AND REGISTRATION NOTICES:

Weigh-in and registration will take place on Friday, December 5th, starting at 9:00 AM. The IFBB SEMI PRO registration fee of US\$200 must be paid in advance online via credit/debit card or PayPal at <http://www.ifbbproofficial.com/registration> for your convenience. Please include your name during the online payment and bring a copy of your payment confirmation to registration.

Crossover cost is 100\$ per category.

IMPORTANT: Registrations and payments made after November 29th or on the day of registration will be US\$250.

PARTICIPATION:

This competition is open to ALL IFBB Semi Pro Athletes. The registration will only be considered if they are nominated by their Country or Promoter. These countries/promoters must have no outstanding debts to the IFBB PRO or any of its promoters and agents. It is the responsibility of each federation to ensure that all fees are up to date with the IFBB PRO. Registration forms must be sent by email to the IFBB PRO OFFICE.



OFFICIAL ATHLETE REGISTRATION

Weigh-in and registration will take place on Friday, December 5th, from 9:00 AM to 12:00 PM at the Gran Arena del Cibao, Avenida Imbert, Santiago de los Caballeros, and continue on Saturday, December 6th, from 9:00 AM to 1:00 PM at the same location.



All athletes must present their IFBB SEMI PRO International Card at registration. Any athlete who has not yet purchased or renewed their IFBB SEMI PRO International Card must purchase one during registration. The IFBB SEMI PRO International Cards cost US\$50 or EUR 40 per year and are mandatory. All presentation music must be stored on a USB drive containing audio only. Posing music must be at the beginning of the USB. Each competitor must label their USB with their name for easy identification. The use of profane, vulgar, or offensive language in posing music is strictly prohibited.

IMPORTANT NOTICE TO COMPETITORS

Each athlete participating in the championship will receive an accreditation card or wristband during weigh-in. This identification allows daily entry and must not be removed. The IFBB SEMI PRO event begins on Sunday, December 7th, at 9:00 AM. Athletes should start warming up at 8:00 AM on Sunday, December 7th, 2025. More information about the execution order and other competition details will be provided later for regular updates.

TANNING REQUIREMENTS

The IFBB PRO prohibits all tans that can be wiped off. An official will check the tanning of all athletes backstage, and if the tan can be removed by simply wiping, the athlete will be instructed to remove the tan before going on stage.

IMPORTANT INFORMATION: All travel expenses, hotel accommodations, transportation to and from the airport, and meals are the responsibility of the National Federation, federations, or individual athletes. Please consult your National Federation for more information.

VISAS:

All travelers will need a passport valid for at least 90 days after their departure date from the Dominican Republic. However, it is strongly recommended to travel with a passport valid for 6 months at all times. Your passport must have at least two blank pages in the visa section. Please check with your airline if you have connecting flights abroad as part of your trip to the Dominican Republic. Some countries you transit through may require a separate transit visa. Citizens of the following 8 countries do not require a visa or tourist card to enter the Dominican Republic for up to 90 days: Argentina, Chile, Ecuador, Israel, Japan, Peru, South Korea, and Uruguay. Citizens of 99 other countries and the European Union need to purchase a tourist card, which can be obtained upon arrival in the Dominican Republic. However, as queues are common, it is advisable to purchase it in advance. The cost is US\$10 for 30 days. The tourist card can also be obtained online or by mail from the Dominican Republic embassy or consulate.

Most citizens of countries in Africa, the Middle East, and Southeast/East Asia may require a tourist visa. Detailed information is available at:

https://en.wikipedia.org/wiki/Visa_policy_of_the_Dominican_Republic

An official invitation letter will be available if needed. It is the responsibility of the athlete to obtain an entry visa for the country hosting the championship.

All competitors/promoters may request an invitation letter from the Championship Organizer or the IFBB PRO. An invitation letter does not guarantee that a visa will be granted. The Championship Organizer are not responsible for the visas of attendees.

To receive an invitation letter, the applicant must send the following information to the **IFBB PRO** or the Championship Organizer: info@ifbbproofficial.com

If a visa is not granted, the Championship cancellation policies will apply. Any athlete who requests and receives an invitation from the IFBB PRO OFFICE or the Organizing Committee of an IFBB SEMI PRO -sanctioned event for visa purposes, and uses this visa for an illegal stay in the host country or in any other country, will be subject to disciplinary procedures and measures.

All international judges must bring their IFBB Pro International Judge Cards to Santo Domingo and needs to be approved by IFBB PRO.

IMPORTANT NOTICE:

IFBB Semi Pro International Judges must have a valid judge's card with the annual judge fee of USE60 (€50) paid for 2025. This fee can also be paid at the Dominican Republic Championship.

Trial Judges must pay the IFBB fee of US\$60 (€50). This fee can also be paid at the Dominican Republic Championship.

All judges and trial judges must be present at the Judges Meeting. Any judge who is absent from this meeting will not be allowed to judge at these Championships. If any of the above conditions are not met, judges will not be able to fulfill their duties.

ENTRY FORM CONTACT DETAILS:

All registration forms and correspondence should be addressed to the IFBB PRO Technical Office: info@ifbbproofficial.com The deadline for submitting registration forms is November 29, 2025.

PLEASE ADVANCE ALL FORMS OF ENTRY TO

Send the registration form no later than November 29, 2025, to: Organizing Committee Office: Ramón Peña, Email: tonyifbbpro@gmail.com, please send a copy to: IFBB PRO Headoffice: info@ifbbproofficial.com Carlos Pérez Canela Phone: +1 829-662-1133 Email: Bodyrevolutionrdadn@gmail.com

MEDIA ACCREDITATION:

All media accreditation, including local media, will be controlled by the IFBB PRO. Anyone wishing to obtain media accreditation for this event must register with the IFBB PRO by completing and signing an IFBB PRO Media Accreditation Form, which must be sent by email to info@ifbbproofficial.com no later than November 29, 2025.

BACKSTAGE / DRESSING ROOM ACCESS:

Green cards are used to limit access to the backstage area during prejudging and finals. They will be distributed at the Judges Meeting as follows:

- Five (5) or more competitors: two (2) green cards
- Fewer than five (5) competitors: one (1) green card

Access to backstage and/or dressing room areas will be strictly limited to authorized personnel only. Coaches and trainers assisting athletes in the dressing room must be of the same sex as the athlete they are assisting.

CAMERA / VIDEOTAPE EQUIPMENT

Camera and/or video equipment are strictly prohibited in backstage and/or dressing room areas, except when used by persons authorized by the IFBB PRO . In any case, such devices are strictly prohibited inside the dressing room area.

CURRENCY:

The national currency of the Dominican Republic is the Dominican Peso (DOP or RD\$).

- 1 EUR = 74.70 DOP (as of January 17, 2024)
- 1 USD = 63.86 DOP (as of September 10, 2025)

Current rates can be checked at: <http://www.xe.com/currency/dop-dominican-peso>

All major credit cards are widely accepted in most major hotels, department stores, and restaurants. You may be asked to show your passport.

WEATHER:

Santiago de los Caballeros has a humid tropical climate. The average temperature in Santiago varies little throughout the year, influenced by its location in the Cibao Valley, giving it a slightly cooler climate than the capital. December to March are the most pleasant months, with warm days, lower humidity, and cool nights. The average daily temperature for December is 23.5 °C (74.3 °F), with an average high of 28.6 °C (83.5 °F) and an average low of 18.4 °C (65.1 °F).

Average rainy days: 7.1

Average relative humidity: 78.5%

ELECTRICITY:

The general power supply is 110 V alternating at 60 Hz. Electrical items from the United States work without modification. Plug types: A, B, and C. If coming from other countries, you may need a plug adapter and possibly a power converter (laptops usually handle a range of 100 to 240 V and a frequency of 50 to 60 Hz, but you should check your power supply label).

Detailed information at: <http://www.worldstandards.eu/electricity/plugs-and-sockets/>

LANGUAGE:

The official language in the Dominican Republic is Spanish. English is widely spoken in hotels, restaurants, shopping centers, and tourist areas.

ATHLETES:

All athletes must be nominated by their Promoter /Country by submitting the Final Registration Form with their names. They can't be registered by themselves

AWARDS:

The top three (3) places in each category will receive trophies and certificates. Overall winners in each division will receive a trophy and an IFBB PRO Card. Fourth (4th), fifth (5th), and sixth (6th) places will receive medals and certificates.

CATEGORIES OPEN FOR THIS COMPETITION

MEN'S BODYBUILDING

- Up to & including 70 kg
- Up to & including 75 kg
- Up to & including 80 kg
- Up to & including 90 kg
- Over 90 kg

Overall winners will be eligible to apply for the IFBB Pro Qualifier

- Master Men Bodybuilding 40-49 years
- Master Men Bodybuilding 50-59 years
- Master Men Bodybuilding 60 years and over
- VI
- Junior Men Bodybuilding

MEN'S CLASSIC BODYBUILDING

(Height/weight limits)

- Up to & including 172 cm
- Up to & including 175 cm
- Over 175 cm
- Junior MEN'S CLASSIC BODYBUILDING

Overall winners will be eligible to apply for the IFBB Pro Qualifier

MEN'S PHYSIQUE

- Up to & including 170 cm
- Up to & including 174 cm
- Up to & including 178 cm
- Over 178 cm

Overall winners will be eligible to apply for the IFBB Pro Qualifier

- Junior Men's Physique
- Master Men's Physique (+45 years)

MUSCULAR MEN'S PHYSIQUE

- Up to & including 170 cm
- Up to & including 175 cm
- Over 175 cm

Overall winners will be eligible to apply for the IFBB Pro Qualifier

CLASSIC PHYSIQUE

- Up to & including 171 cm
- Over 171

Overall winners will be eligible to apply for the IFBB Pro Qualifier

WOMEN'S BIKINI - FITNESS

- Up to & including 160 cm
- Up to & including 163 cm
- Over 163 cm

Overall winners will be eligible to apply for the IFBB Pro Qualifier

- Junior Bikini
- Master Bikini (+35 years)

WOMEN'S WELLNESS FITNESS

- Up to & including 160 cm
- Up to & including 163 cm
- Over 163 cm

Overall winners will be eligible to apply for the IFBB Pro Qualifier

- Junior Wellness
- Master Wellness (+35 years)

OTRAS CATEGORÍAS

- Women's Bodyfitness
- Fit Model masculino
- Fit Model femenino
- Fit Pairs