2026 IFBB SEMI-PRO DIAMOND CUP LUXEMBOURG

MAIN INFORMATION

NAME OF THE EVENT: 2026 IFBB SEMI-PRO DIAMOND CUP LUXEMBOURG

CITY / COUNTRY: ROODT-SUR-SYR, LUXEMBOURG

DATE: SEPTEMBER 18TH - 20TH, 2026

EVENT OPEN FOR: ALL SEMI-PRO COMPETITORS

DAY OF ARRIVAL: 18.09.2026

DAY OF DEPARTURES: 20.09.2026

COMPETITION DAY/TIME: 19.09.2026 09.00 AM – 19.00 PM (ALL SEMI PRO CATEGORIES)
BACKSTAGE FOR ALL SEMI PRO ATHLETES WILL BE OPEN AT 14.00 (NOT EARLIER)

REGISTRATION DAY: 18.09.2026

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB PRO rules. Any tanning which can be wiped off is not allowed.

TIME: 15:00 -19:00

PLACE: CENTRE CULTUREL SYRKUS, L6910 ROODT/SYRE, 20, RTE DE LUXEMBOURG

RECOMMENDED AIRPORT: INTERNATIONAL LUXEMBOURG AIRPORT LUX

VISA INFORMATION:

Citizens of the Schengen area countries don't need a visa. Nationals from certain non-EU countries who wish to visit Luxembourg must have a valid travel document with a visa issued by a consular authority from one of the countries in the Schengen area. Detailed info at: https://guichet.public.lu/en/citoyens/immigration/moins-3-mois/ressortissant-tiers/entree-visa.html

An Official Letter of Invitation will be available if required. Any athlete who requests and receives an invitation from the IFBB Pro Head Office or the Organizing Committee of an IFBB Pro-sanctioned event for visa purposes and misuses that visa to unlawfully stay in the host country or any other country will be subject to disciplinary proceedings and sanctions. It is the athlete's responsibility to ensure that the visa is used properly and legally. In case of misuse or improper utilization, the athlete may face a fine and/or suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: CENTRE CULTUREL SYRKUS, L6910 Roodt/Syre, 20, rte de Luxembourg

HOTEL INFORMATION:

HOTEL LEGERE MUNSBACH – Parc d'Activité Syrdall 11, rue Gabriel Lippmann
L5365 Münsbach-Schuttrange (3 km)
Moxy Luxembourg Airport
Ibis Luxembourg Airport
Ibis Budget Hotel
NH Luxembourg Airport

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REGISTRATION:

Each athlete must pay the IFBB SEMI-PRO registration fee of EUR €250 (Accommodation is not included in the registration fee - contact the hotel, please)

CROSSOVERS: EUR €100 PER EACH OF THE ADDITIONAL CATEGORIES.

ONLINE PAYMENT DEADLINE: 14.09.2026

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at https://ifbbproofficial.com/competition-registration/. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of EUR €50. Inscription fee beginner 70 Euro (cash at the registration/weight-in)

FINAL ENTRY FORM SENDING DEADLINE: 14.09.2026

* The Organizer of the event will not accept any direct registration from athletes. This Final Entry Form will only be considered if it is sent by the Promoter/country of the athlete, directly to the Organizer and IFBB PRO HQ (see email addresses below). The final decision to allow an athlete to compete in this event rests with the IFBB PRO.
*All athletes will have to present their Passports and IFBB SEMI-PRO International Athlete Passport at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB SEMI-PRO International Athlete Passport will have to buy one at registration. IFBB SEMI-PRO International Athlete Passport are EUR €40/USD $50 per year and are mandatory.
*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music. Posing music for Bodybuilding and Classic Physique is 1 min.

AWARDS AND CATEGORIES

Men's Bodybuilding:
- Up to & including 75 kg
- Up to & including 85 kg
- Up to & including 95 kg
- Over 95 kg
- OVERALL

Master Men Bodybuilding 40-49 incl. years OPEN
Master Men Bodybuilding over 50 years OPEN
OVERALL Master Men Bodybuilding

Men's Classic Physique:
- Up to & including 175 cm
- Over 175 cm
- OVERALL

Women's Physique - OPEN
Muscular Men's Physique - OPEN
Masters Women's Bodyfttness > 35 years - OPEN
Masters Women's Wellness > 35 years - OPEN

Masters Women's Bikini:
- 35-39 incl. - OPEN
- >40 years - OPEN
- OVERALL

Masters Men's Physique:
- 40-49 Years - OPEN
- >50 Years - OPEN
- OVERALL

!!!The beginner categories will be on stage each time before the same Semi Pro category!!! (p.ex first Beginner Bodybuilding open, directly after, all Semi pro Bodybuilding categories) Check the final running order, after the Friday registrations!!!

Beginner's Women Bikini up & incl 166 cm
Beginner's Women Bikini over 166 cm
Beginner's Women Wellness - OPEN
Women Fit-Model - OPEN
Women Artistic Fitnes - OPEN
Junior Women Bikini 15-23 years - OPEN

Women Bikini:
- Women Bikini up and incl. 162 cm
- Women Bikini up and incl. 166 cm
- Women Bikini up and incl. 169 cm
- Women Bikini over 169 cm
- OVERALL (Pro Cards for the top 3)

Women Wellness:
- Women Wellness up and incl. 163 cm
- Women Wellness over 163 cm
- OVERALL (pro card for the winner)

INFO: The 3 Women Bikini Pro Card winners are invited to participate in the Bikini IFBB Pro Show

Men's Physique:
- Beginner's Men's Physique - OPEN
- Junior Men's Physique 15-23 years - OPEN
- Men's Physique up and incl. 173 cm
- Men's Physique up and incl. 176 cm
- Men's Physique up and incl. 179 cm
- Men's Physique over 179 cm
- OVERALL (Pro Cards for the top 3)

Bodyfttness:
- Beginner's Bodyfitness - OPEN
- Women Bodyfitness up and incl. 163 cm
- Women Bodyfitness over 163 cm
- OVERALL (Pro Cards for the top 2)

Classic Bodybuilding:
- Beginner's Men's Classic Bodybuilding - OPEN
- Men's Classic Bodybuilding up to 175 cm
- Men's Classic Bodybuilding over 175 cm
- OVERALL (Pro Card for the winner)

Beginner Men Classic Physique - OPEN
Beginner Men Bodybuilding - OPEN

Possible crossovers:

Men's Classic Bodybuilding – Men's Classic Physique – Men's Bodybuilding

Women's Artistic Fitness – Women's Bikini – Women's Fit-Model

Women's Wellness – Women's Fit- Model

Also juniors and masters in senior classes

* First 6 places in each category will be awarded with Medals & Certificate of Excellence

OVERALL WINNERS will be awarded with a trophy

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IFBB PRO CARDS (20 IN TOTAL):

MEN'S BODYBUILDING – IFBB Pro Cards for the top 3 Overall winners
MEN'S CLASSIC PHYSIQUE – IFBB Pro Cards for the top 2 Overall winners
MUSCULAR MEN'S PHYSIQUE – IFBB Pro Card fot the winner
MASTER WOMEN'S BIKINI – IFBB Pro Card fot the winner
WOMEN'S PHYSIQUE – IFBB Pro Card fot the winner
MASTER WOMEN'S BODYFITNESS – IFBB Pro Card fot the winner
MASTER MEN'S BODYBUILDING – IFBB Pro Card fot the winner
WOMEN BIKINI – IFBB Pro Cards for the top 3 Overall winners
WOMEN BODYFITNESS – IFBB Pro Cards for the top 2 Overall winners
WOMEN WELLNESS – IFBB Pro Card fot the Overall winner
MEN'S PHYSIQUE – IFBB Pro Cards for the top 3 Overall winners
MEN'S CLASSIC BODYBUILDING – IFBB Pro Card fot the winner

CAMERA / VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB Pro authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

TANNING NEEDS:

The IFBB PRO has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

T.TAN SPAIN
E-mail/ t.tan.tanning.spain@gmail.com
Mr. Guillermo / 0034654152292

GREEN CARDS

1 coach green card per athlete EUR €60 (incl. Backstage & Venue entries for 2 competition days)

CONTACT INFORMATION

Please send your FINAL ENTRY FORM not later than: 14.09.2026 to:

Contest promoter
kridelg@pt.lu

with copy to:

IFBB PRO HQ
info@ifbbproofficial.com

JUDGES:

FBB Pro Judges should declare their readiness to work at this IFBB Pro Event by sending a request to the IFBB Pro Head Office by email: info@ifbbproofficial.com

Please send us the following information:

- Contest name, date and place, judge would like to work at.
- The name and surname of a judge (with passport or ID copy)
- Represented country (passport drawer)
- Passport or ID number
- Current place of Stay (address)
- Email Address and mobile phone number.

After the deadline, the IFBB Pro Head Office will analyze submitted request and will compose the panel, taking into account the place of the contest and location of judges.
Then, the IFBB Pro Office will inform selected judges on the final decision and participation conditions. All IFBB Semi Pro Judges must have a valid IFBB Semi Pro Judge's Cards with the IFBB Semi Pro yearly judges of fee of EUR €50 paid for the current year (2026).
This fee may be paid through the IFBB Pro website by PayPal : https://app.ifbbproofficial.com/new-licence
or also at the EVENT at the Team Managers and Judges Meeting. Any absences at this meeting will not be allowed to judge at this IFBB Pro Event.