



IFBB MR WORLD CHAMPIONSHIP

IFBB PRO WORLD SHOWDOWN

3rd - 5th OCTOBER 2024

**FUJAIRAH - UAE
ZAYED SPORTS COMPLEX**





How to get to Fujairah from Dubai (BY TAXI)

From Dubai Airport terminal 3 to Emirate of Fujairah (official Hotel Novotel) 110 kilometers approximately **80 \$** by car.



Venue ZAYED SPORTS COMPLEX

The competition venue, Zayed Sports Complex, is located at Al Hayl, Fujairah, United Arab Emirates. The venue offers Sports and Institutions a distinguished room for professional events and business organizations.

Services available for customers and business.

Capacity: 3000 people with total visibility from anywhere. Optimum capacity for congress organization, banquets, conventions, presentations and enterprise meetings.

Parking: 500 car parking, 12 parking and access for buses.

Facilities: Maximum for road traffic to enter in the complex.

Security: Emergency plan and fire prevention. Totally adapted fireproof materials.



LOCATION

Fujairah, is one of Emirates which is belonged to United Arab Emirates, located on the East Coast on the Indian Ocean. It is the only Emirate that is situated on the beautiful Indian Ocean and therefore attracts many tourists.

Fujairah is made up of 2 main cities (Fujairah and Dibba Al Fujairah) and six main areas (Masafi, Murbeh, Qidfa, Al Bithna, Al Siji, Al Bidiyah). Fujairah is the smallest in Emirates, it is the only region that lies on the Indian Ocean. For this reason, it has become a very popular vacation site for many residents and attract a lot of tourist. The beaches in Fujairah stretch on for miles of uninterrupted serenity. With beautiful clam waters and quite beaches, people from all over flock come there to relax in the sun and sand.

Fujairah is located on the eastern coast of the UAE along the Gulf of Oman. The shores of Fujairah extend along the Gulf of Oman for about 70 km. Fujairah is the only Emirates of the UAE that is almost completely mountainous than other part of UAE which are deserts. Fujairah are well known for its beaches and the Hajar Mountains, which run through much of the Emirate. His Highness, Sheikh Mohammed bin Rashid Al Maktoum called Fujairah 'the lungs of the UAE.

OFFICIAL HOTEL

For Participants & Guests of

MR. & MS. WORLD
 IFBB PRO & AMATEURS SHOWDOWN
 3rd - 5th October 2024



NOVOTEL ★★★★★
NOVOTEL FUJAIRAH

NOVOTEL Daily Rate	Breakfast	Half Board	Full Board
Single Room	AED 365	AED 405	AED 445
Double Room	AED 415	AED 455	AED 555



ibis ★★★
IBIS FUJAIRAH

IBIS Daily Rate	Breakfast	Half Board	Full Board
Single Room	AED 275	AED 325	AED 365
Double Room	AED 310	AED 385	AED 465

★ Guests Benefits / Terms & Conditions

- Free WiFi throughout the stay
- Free access to the pool & gym
- Complimentary 2 bottled water daily
- Complimentary in-room tea & coffee facilities
- All rooms are subject to availability
- Full payment prior to arrival
- Check in Time: 12:00 | Check out Time : 14:00



For Reservations:

H6822-RE@accor.com | Direct LandLine: **+971 9 203 4852**

- All Above rates are inclusive of 10% service charge, 10% municipality Fee & 5% VAT.
- Security Deposit (refundable) of 100 Euro in NOVOTEL & 50 Euro in IBIS will be required for the stay period.





LANGUAGE

The official language is Arabic, English is widely used.



CURRENCY

UAE Dirham , (1 AED = 100 Fils)



TIME DIFFERENCE & CLIMATE

GMT / UTC 4+. In October, the average daily temperature is 30c.



CREDIT CARD

International credit cards such as Visa, MasterCard and American Express are widely accepted at most major hotels, stores and restaurants. You may be requested to show your passport.



ELECTRIC CURRENT

220 Volts, 50 Hz, socket / plug of type C, plug with two round prongs.



VISA ASSISTANCE

Please contact the United Arab Emirates Embassy in your country to determine if you need a visa. To receive invitation letter, the applicant should forward the following information to the IFBB Pro or Championship Organizer:

- A copy of Passport
- Where the attendant will have his or her accommodation * If the visa is not granted, the Cancellation Policies for the championship will still apply. An athlete, who requested and received an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and used this visa to unlawful stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.



For Visa & Reservations Assistance:

info@fujairahholidays.com

Mob1: +971 55 890 8277 , Mr. Farhan

Mob2: +971 56 638 3817 , Ms. Anne

Landline: +971 9222 25 96



over 150,000 \$
cash prizes

IFBB
MR WORLD
CHAMPIONSHIP
FUJAIRAH UNITED ARAB EMIRATES
3rd - 5th OCTOBER 2024



PARTICIPATION & REGISTRATION

The number of competitors participating in the
IFBB MR. WORLD PRO
CHAMPIONSHIPS IS UNLIMITED.

TANNING charge of **110\$** is mandatory as an additional payment to be collected by the Organizing Committee on 3rd October 2024. The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage. Approved Tan is available with the Organizing Committee only before competition.

OFFICIAL ATHLETE REGISTRATION

Official Athlete Registration (Weigh-in) will be conducted on 3rd October 2024 at the Zayed sports complex, Fujairah, UAE, from 10 a.m. to 6 p.m.. It is the responsibility of the athletes and participants to make sure that the athletes are on time. Any athletes who are late will not be accepted to participate.

PLEASE NOTE :

No crossovers between different sport divisions are allowed i.e. not possible to compete in both Bodybuilding and Classic Physique.

TRANSPORTATION

The organizing committee will provide free transportation for all participants from the official hotel to the venue hall and back during the days of the event.

PLEASE NOTE :

THAT ACCOMMODATION & MEALS ARE AT THE PARTICIPANT'S EXPENSE.

MR. WORLD ELITE PRO REGISTRATION

Each athlete participating in the event will be provided with a competitor wristband at the Registration. This wristband allows daily admission to the venue and should not be removed.





MUSIC

Posing music must be sent in MP3 format to Info@eliteprocard.com not later than 1st of October 2024, or to be handed over to organizing committee during the registration on 3rd October on an audio CD or USB Flash Memory only. The posing music must also be at the start of the CD or USB. Each competitor must affix his name on the CD or USB for easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.



MEDIA ACCREDITATION

All media accreditation, except local media, shall be controlled by the IFBB Elite Pro and Organizing Committee. All persons wishing to obtain media accreditation for this event must register with the Organizing Committee on 3rd October 2024 at Zayed Sports Complex Registration Desk by completing and signing the Media Accreditation Form and pay the Media Card Fee of **120\$**. Those who will have Media Card can access the venue during the whole event.

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB pro & Organizing Committee authorized media person and, in any event, these devices shall be strictly prohibited in the dressing room area.

MR. WORLD IFBB PRO CATEGORIES

**BODYBUILDING
OPEN**

**BODYBUILDING
Up To 95KG**

**CLASSIC
PHYSIQUE**

PHYSIQUE

RULES OF PROFESSIONAL COMPETITION

DIVIDING THE ATHLETES INTO THREE GROUPS:

GROUP (A) :

Three (3) Pro Athletes, Winner of Mr. World Pro 2024 and two (2) invitational athletes of IFBB and Organizing Committee will qualify direct to the finals (Top 10) and shall be under these conditions:

- Not required for Pre-Judging
- Not pay the Participation Fee

GROUP (B) :

THE PROs qualified from other competitions:

- PRO competitions winners in 2024
- Top5 Arnold Classic Europe/World Championships
- Top10/5 from RANKING 2024
- Top 3 from amateur Overall Mr. World.

Official qualifiers are subject for :

- Required for Pre-Judging
- Not pay the Participation Fee

GROUP (C) :

Open to Any Elite PRO Athletes wishing to participate

- Required for Pre-Judging
- Paying the Participation Fee (**\$500** by online payment or **\$550** payment on registration spot).

Competition Rules

-TOP 10 in the SEMIFINALS ROUND for Mr. World:

- 5 athletes invited from IFBB PRO. (Group A)
- 5 athletes coming from a previous qualification round from (Group B) & (Group C).

Total of ten (10) athletes will be in the finals.

The athletes of (Group B and C), in the semifinal, will compete for the five places that lead to the final together with the five athletes of the (Group A).

MR. WORLD IFBB PRO CATEGORIES

**BODYBUILDING
OPEN**

**BODYBUILDING
Up To 95KG**

**CLASSIC
PHYSIQUE**

PHYSIQUE

RULES OF PROFESSIONAL COMPETITION

**The classic physique contests,
with the following bodyweight limitations:**

Up to & incl. 168 cm – Max Weight [kg] = (Height [cm] – 100) + 4 [kg] + 4kg

Up to & incl. 171 cm – Max Weight [kg] = (Height [cm] – 100) + 6 [kg] + 4kg

Up to & incl. 175 cm – Max Weight [kg] = (Height [cm] – 100) + 8 [kg] + 4kg

Up to & incl. 180 cm – Max Weight [kg] = (Height [cm] – 100) + 11 [kg] + 5kg

Over 180 cm:

Over 180 cm up to & incl. 188 cm: Max Weight [kg] = (Height [cm] – 100) + 13 [kg] + 5kg

Over 180 cm up to & incl. 196 cm: Max Weight [kg] = (height [cm] – 100) + 15 [kg] + 6kg

Over 196 cm: Max weight [kg] = (Height [cm] – 100) + 17 [kg] + 7kg

Note:

The number of the competitors participated in the championships is unlimited.

LIST

FINALIST



ELITE WORLD SHOWDOWN

BODY BUILDING

(OPEN)

51,000 \$

WINNER

1st

2nd

3rd

4th

5th

PRIZE

25,000 \$

15,000 \$

7,000 \$

3,000 \$

1,000 \$

BODY BUILDING

(Up To 95KG)

19,500 \$

WINNER

1st

2nd

3rd

4th

5th

PRIZE

10,000 \$

5,000 \$

3,000 \$

1,000 \$

500 \$

PHYSIQUE

19,500 \$

WINNER

1st

2nd

3rd

4th

5th

PRIZE

10,000 \$

5,000 \$

3,000 \$

1,000 \$

500 \$

CLASSIC PHYSIQUE

19,500 \$

WINNER

1st

2nd

3rd

4th

5th

PRIZE

10,000 \$

5,000 \$

3,000 \$

1,000 \$

500 \$

CHAMPIONSHIP SCHEDULE

LOCATION

DATE

TIME

THURSDAY, 3rd OCT. 2024

**Zayed Sports
Complex**

Registration & Weigh-in

Physique

Classic Physique

10:00 - 18:00

Body Building Up to incl 95Kg

Body Building Open Category

FRIDAY, 4th OCT. 2024

**Zayed Sports
Complex**

IFBB PRO Athlete Media

14:30 - 15:00

Press Conference (Mandatory)

SATURDAY, 5th OCT. 2024

**Zayed Sports
Complex**

Semi Finals & Finals

Physique

Semi Final

Classic Physique

10:00

Body Building Up to incl 95Kg

Final

Body Building Open Category

19:00 onwards



IFBB MR WORLD CHAMPIONSHIP

IFBB PRO SECRETARIAT

The Organizing Committee will manage a Secretariat at the Zayed Sports Complex from 9 a.m. to 2 p.m., from October 2024. You may obtain information and assistance from the Secretariat.

FOR MORE INFORMATION

The Mr. & Ms. World Organizing
Committee
elitemrandmsworld@gmail.com

IFBB PRO Office
info@ifbbpro.com

IFBB PRO Web.
www.ifbbpro.com